

Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
Akro Raum	Fit Raum	Akro Raum	Fit Raum	Akro Raum	Fit Raum	Akro Raum	Fit Raum	Akro Raum	Fit Raum
		12:00 Pole Jam Level 1-2	12:00 Pole Fit	12:00 Latina	12:00 Pole Jam Level 1-2	12:00 Pole Jam Level 3-5	12:00 Pole Dance Level 1-2		
			13:00 Pole Dance (Einsteiger)	13:00 Pole Dance Level 3-4					
		13:30 Pole Jam Level 3-5				13:30 Pole Jam Level 1-2	13:30 Pole Fit		
								16:30 Kinder Zirkus	
					17:00 Pole Fit				
18:00 Hula Hoop Aerobic	18:00 Pole Dance (Einsteiger)	18:00 Luft- Akro	18:00 Break'n Pole	17:30 (Raum reserviert)	18:00 Pole Dance Level 1	18:00 Pole Dance Level 2	18:00 Pole Dance (Einsteiger)	18:00 (Raum reserviert)	18:00 Latina
			19:00 Pole Dance Level 2						19:00 Pole Fit
19:30 Luft- Akro	19:30 Break'n Pole	19:30 Hula Hoop Aerobic		19:30 Pole Jam Level 3-5	19:30 Exotic Dance	19:30 Pole Dance Level 3	19:30 Pole Fit		
	20:30 Pole Fit		20:30 Flexi Pole				20:30 Flexi Pole	20:00 Pole Dance Level 4-5	20:00 Pole Dance Level1 (Abs)

Pole Dance (Einsteiger)	Irene	Pole Fit	Céline / Irene	Latina Pole	Céline
Pole Dance	Céline / Irene	Flexi Pole	John	Pole Jam	Ohne Lehrer
Hula Hoop Aerobic	Marina	Luft-Akro	Marina	Exotic Dance	Céline
Kinder Zirkus	Céline	Break'n Pole	Michael		